



Words to Find:

barley	cheese	garlic	oil
bread	corn	herbs	pomegranates
butter	cucumbers	honey	rue
	fish	lamb	vinegar
	fruit	parchedcorn	wheat

Answers at: <http://www.openthoumineeyes.com/Puzzles/food.htm>

Important Beginning

The King's Business

There was a baby in New York that was fed on elephant's milk, and it grew one hundred pounds in a few weeks; but then, it was a baby elephant to begin with. A human baby would not have grown the same; even if it were fed on elephant's milk.

You can feed a man, woman or child on the best food for a child of God, but he will not grow like a child of God unless he is a child of God to begin with. To grow in grace, we must first be in grace.

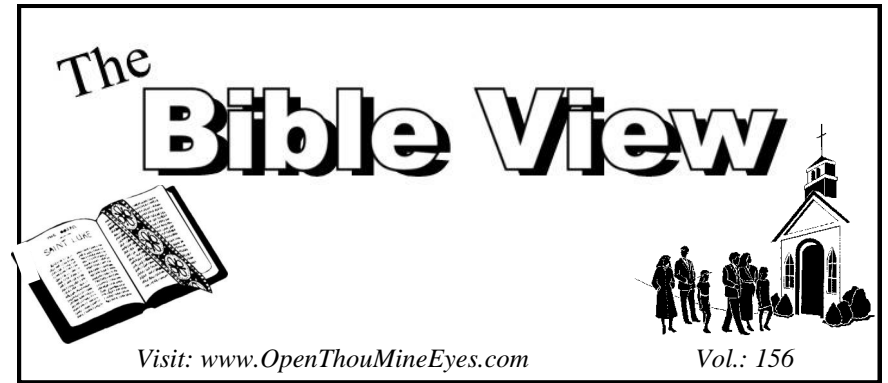
Growing Like Christ

M. E. Kendrew

*Each day to grow more humble,
 Yet, stronger in Thy might;
 More valiant, Lord, to carry
 Thy standard for the right.*

*Each day to grow more gracious
 More sweet and gentle, too;
 Yet braver, more courageous,
 More firm, more pure, more true.*

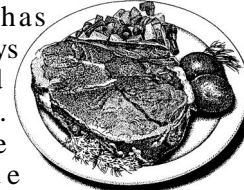
*That I may grow more like Thee;
 In me Thy Spirit shine;
 Transformed from grace to glory,
 Touched by a power Divine.*



Supper Is Served

Bill Brinkworth

Man has tried all ways to reach and please God. Most of the man-made



religions are centered around the principle that there is something that people must do to earn their way to heaven. The Bible, however, teaches no such thing. What is needed to get one to heaven has already been accomplished. To have God's promise of heaven, God's way there must be accepted. The only way is believing Jesus died for your sins and trusting what He has done as payment for the sinful acts you have done.

The Bible is the preserved Word of God and tells God's way of getting eternal life. It cannot be understood by one who has not taken the first "sips" and "bites" of spiritual obedience to God.

"But the natural man receiveth not the things of the
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The Power of New Life

Sunday School Times

A lady, who desired to lead a Christian life, felt that there was one thing in her life that she could not give up. When she consulted her pastor, he said, "Have you noticed that there are always a few dead leaves clinging to the old oak trees after all the other leaves have fallen? The strong blasts of winter fail to tear them off. Spring comes, and still they cling persistently. The days are calm, bright, and balmy. Presently, one by one they drop off. What unseen power so quietly, but so surely, severs them? The new life rising in the tree gradually



causes them to drop off. And so with us, as the new life in Christ permeates our being, we find that we can give up for Him what before was so hard to renounce.

Supper Is Served

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Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.” I Corinthians 2:14

Scripture likens the first spiritual meal a person must take to be saved to eating:

Bread. Before one can begin to digest the scripture, they must first be born again. They must first trust Christ as their only way to heaven. As bread was the primary food of those in biblical times, so is being saved the primary key to understanding the things of God.

“For the bread of God is he which cometh down from heaven, and giveth life unto the world ... And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.” John 6:33-35

Water. Also critical for man’s earthly survival is water. Without it, no man will survive. A personal trust in what Jesus has done for one’s eternal life is just as essential as water. Without trusting Jesus no man will

Rowland Hill once visited a home and saw a child riding a rocking horse. After watching the little boy for some time, he wittily remarked, “He reminds me of some Christians. There is plenty of motion, but no progress.”

survive eternally.

“But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.” John 4:14

Once a person is born-again into the family of God, he requires spiritual food. The Bible is not just a book; it is the preserved Word of God. For Christians, its words are spiritual food to feed them; so they can spiritually grow, be what God wants them to be, and do what He wants them do.

The Word of God is so important that it is likened to food that nourishes our physical body. It is compared to:

Milk.

“I have fed you with milk, and not with meat: for hitherto ye were not able to bear it, neither yet now are ye able.” I Corinthians 3:2

Paul’s preaching of the Word of God to the early church in Corinth was not as hard as he would have liked to preach. He realized that they were baby Christians and could only absorb the basics. They had to make the beginning commitments to the Lord, before they were ready to take steps that required more faith and obedience.

Like milk given to an infant, the truths from the Word of God would help them grow, and strengthen their spiritual bones; so they would spiritually walk the right paths in the future. If

the preacher had given them the harder truths found in the Scriptures, they would have choked; as a young child would have when eating meat. They were not ready and able to spiritually digest the more wonderful advice and treasures of the Scriptures.

Sometimes, some of the complaining done by Christians is evidence that they are not mature yet: *“... ye were not able to bear it.”* They “choked” on some spiritual meat, because they had not even taken the first steps of obedience in what the Word of God commanded them. Many times they are still working on reading the Bible, doing some of the beginning steps the Holy Spirit convicts them of, or even living by faith and not by sight.

“And I, brethren, could not speak unto you as unto spiritual, but as unto carnal, even as unto babes in Christ.” I Cor. 3:1

Meat. Being a stronger Christian is not an easy task. It involves much study, obedience to biblical commands, trusting God, and consistent Christian living. Living truly by faith can be difficult. It is the proper way to get through this life. It is part of the spiritual meat.

Growing and being able to obey all that God shows and tells a believer is the only way to spiritual maturity. It never happens over night. A steady diet of the Word and obeying it will

“The study of God's Word, for the purpose of discovering God's will, is the secret discipline which has formed the greatest characters.” — J. W. Alexander

eventually prepare us to understand the many miraculous truths and meat found in the Bible.

Many in the early church were not ready to hear and obey commands meant for the hearts of mature, adult Christians, because they were carnal. They were still obeying what their flesh commanded them. They were still trying to conquer what their flesh preferred them to do rather than what the Lord commanded. Their childish squabbling and jealousies were keeping them from maturing

“For ye are yet carnal: for whereas there is among you envying, and strife, and divisions, are ye not carnal, and walk as men?” I Corinthians 3:3

None will be healthy and perform to the best of their abilities, if physical meals are missed. None will even be spiritual, if they do not take the first “bite” by trusting Christ for salvation. If they do get saved, they will never be what God desires them to be if they do not eat spiritual meals. Reading, hearing, and obeying the Word is the only way for a born-again child of God to grow. Do not miss your spiritual meals.

“In this little Book will be found the solution to all the problems of the world.” — Calvin Coolidge